



	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE (Unit 1)	Ball Skills (Unit 1)	Dance (Unit 1)	Fundamentals (Unit 1)	Games (Unit 1)	Gymnastics (Unit 1)
Reception	Introduction to PE (Unit 2)	Ball Skills (Unit 2)	Dance (Unit 2)	Fundamentals (Unit 2)	Games (Unit 2)	Gymnastics (Unit 2)
Year 1	Games - Ball Skills	Games - Sending and Receiving	Games – Target Games	Games - Invasion Games	Games – Striking and fielding	Games - Net Wall
	Fundamentals	Gymnastics (Lessons 1-6)	Dance (Lessons 1-6)	Gymnastics (Lessons 7-12)	Dance (Lessons 7-12)	Athletics
Year 2	Games - Ball Skills	Games - Sending and Receiving	Games – Target Games	Games - Invasion Games	Games – Striking and fielding	Games - Games – Net Wall
	Fundamentals	Gymnastics (Lessons 1-6)	Dance (Lessons 1-6)	Gymnastics (Lessons 7-12)	Dance (Lessons 7-12)	Athletics
Year 3	Games - Ball Skills (Y3/4 unit)	Invasion Games - Basketball	Invasion Games – Football	Net Wall Games - Tennis	Striking and Fielding Games – Rounders	Athletics
	Dance (Lessons 1-6)	Gymnastics (Lessons 1-6)	Dance (Lessons 7-12)	Gymnastics (Lessons 7-12)	Swimming	Swimming
Year 4	Games – Fundamentals (Y3/4 unit)	Invasion Games – Tag rugby	Invasion Games – Hockey	Net Wall Games – Badminton (Y5 unit)	Striking and Fielding Games – Cricket	Athletics
	Dance (Lessons 1-6)	Gymnastics (Lessons 1-6)	Dance (Lessons 7-12)	Gymnastics (Lessons 7-12)	Swimming	Swimming
Year 5	Fitness	Invasion Games - Basketball	Invasion Games – Football	Outdoor and Adventurous Activities	Net Wall Games - Tennis	Striking and Fielding Games – Rounders
	Dance (Lessons 1-6)	Gymnastics (Lessons 1-6)	Dance (Lessons 7-12)	Gymnastics (Lessons 7-12)	Target Game – Dodgeball	Athletics
Year 6	Invasion Games – Tag rugby	Invasion Games – Netball	Invasion Games – Hockey	Net Wall Games - Badminton	Striking and Fielding Games – Cricket	Fitness
	Dance (Lessons 1-6)	Gymnastics (Lessons 1-6)	Dance (Lessons 7-12)	Target Game – Dodgeball	Athletics	Outdoor and Adventurous Activities

